

# Happy March Preschool Families!



## February Recap



We hope that you had a wonderful, adventurous, and relaxing February Vacation Week!

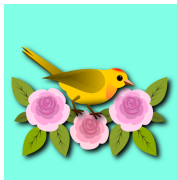
In the month of February the preschoolers enjoyed creating special messages, illustrations and letter formation, for one another in our writing center. We used colors to symbolize different **emotions** and **feelings** with the guidance of **The Color Monster: A Story About Emotions** by Anna Llenas, and we colored a “giant color monster”, a model of the **main character**, as well as individual illustrations of our own depiction of the variety of emotions within us all. The preschoolers were very creative in their own “**color monster**” illustrations as well as their language describing their feelings such as “**proud, calm, furious, shy, etc.**” We spent time validating each other’s emotions; we have developed into a very **caring and empathetic class!**

We continued to learn about the importance of our **whole selves**. Through yoga, non-fiction, and a variety of diagrams, we learned about our **skeletal system**, **muscular system** and our **organs**. Preschoolers worked as **doctors and nurses** in our dramatic play area discovering the multiple tools used to care for and measure physical health in humans. In our science center, preschoolers practiced brushing a huge set of **teeth** with a huge **toothbrush**; our classroom “**dentist**”, one hard working puppet, helped along the way!

The preschoolers reviewed the many ways to stay healthy, including **brushing teeth, exercise, eating healthy** and **plenty of sleep!** Thank you for reviewing and reinforcing these healthy habits at home, especially ensuring that your 3-5 year old is getting the recommended **10-13** hours of sleep per 24 hours.



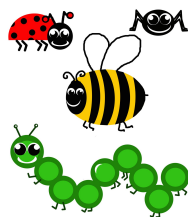
## Upcoming in March



We have begun the month of March learning about **the sun, the moon, and the stars**. The preschoolers have” **blasted off” in the block area** as we now have a big rocket ship and many astronauts to get our imaginations soaring into **outer space**! We also will learn about the planet **earth**, and we are excited to use our new **globe** in the science center!

As we say farewell to winter, and **welcome spring**, we will begin to observe the changes in our environment and **weather** including **air** and **wind**. Preschoolers will consider the many ways that they can care for the **earth** and their **environment**. We will expand our **outdoor** play experience beyond the climber as we approach spring, with sand play, bicycles, balls, sidewalk chalk, and the playhouse!

In March we will learn about **birds**, their various **habitats**, and their **life cycle**. Additionally we will learn about **insects** and the **life cycle** of the **butterfly**. We look forward to expanding our science center beyond the classroom in March as we observe the birds, and if we’re lucky even a nest! We will also observe many insects that visit our outdoor play area.



## Additional Announcements

- The Helper of the Day Calendar will be sent home in folders, in backpacks.
- Next week Wednesday, March 8th, will be a half day for all preschool students for a district wide professional development day. All preschoolers will be dismissed at the back circle on Wednesday between 11:45 and 12:00. Morning snack will be served but lunch will not, and afternoon snack is not needed. Preschoolers will need to have lunch after dismissal.
- Please limit (one or two) preschool accessories ie. bracelets, headbands, clips, earrings, necklaces and extra items in backpacks, as we progress into March, preschoolers are encouraged to independently manage their belongings, small items ie. coins, candy, and accessories, can be a choking hazard or become a stress for the preschooler to manage, if lost in the classroom or hallway.

- **Thank you for your classroom donations in February! In March or April we would appreciate the Playdough brand Playdough in any color. Thank you in advance!**
- **We will continue to send home blankets for full day preschoolers every other week so that they can be washed at home and returned to school.**

We are so impressed with the preschoolers' hard work, joy for learning, and caring hearts for one another this school year! Thank you for all that you do!

Best,

Mrs. Higgins and Mrs. Trombly

